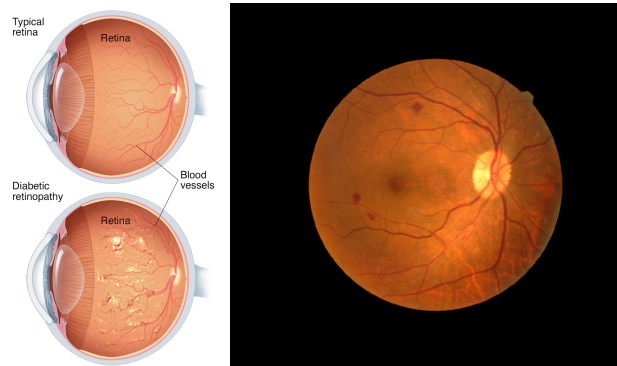


Diabetic Retinopathy

Diabetic Retinopathy is a diabetes-related eye disease that damages the blood vessels of the retina, potentially causing leakage, swelling, and vision loss. Early detection and treatment are essential to help prevent permanent vision damage.



Symptoms May Include:

- Blurred or fluctuating vision
- Dark spots or floaters
- Difficulty reading
- Distorted central vision
- Reduced colour vision
- Dark or empty areas in vision

Diabetic retinopathy can lead to **Diabetic Macular Edema (DME)**, where fluid builds up in the macula and affects central vision.

Risk factors include diabetes, poor blood sugar control, high blood pressure, high cholesterol, smoking, long-standing diabetes, and pregnancy. People with diabetes should have regular dilated retinal examinations, even if their vision seems normal.

Treatments Include:

- Blood Sugar and Blood Pressure Control
- Anti-VEGF Injections: May help reduce swelling and abnormal blood vessel growth.
- Laser Treatments: May be used to reduce leaking blood vessels and help prevent further retinal damage.
- Vitrectomy Surgery: Surgery may be required to remove blood or scar tissue from inside the eye.

Testing may include a dilated retinal examination, retinal imaging, OCT scans, retinal photography, visual acuity testing, and fluorescein angiography when necessary.

At Inspire Vision Development Centre, we use advanced retinal imaging to detect and monitor diabetic eye disease. Contact our **Orangeville** or **Brampton** clinic to book your diabetic eye exam and retinal screening.

Contact Us:

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Call: 289-505-1205
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