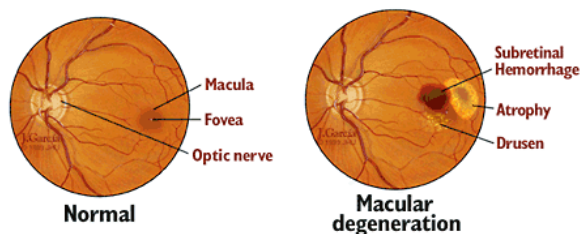


Macular Degeneration

Macular Degeneration is an age-related eye disease that affects the macula, causing loss of sharp central vision needed for reading, driving, and recognizing faces. It is a leading cause of vision loss in older adults, while peripheral vision is usually preserved.



Types of Macular Degeneration:

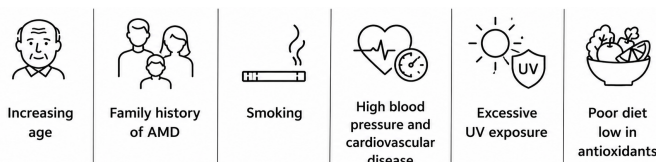
1. Dry AMD (Most Common)

- The macula gradually thins and drusen builds up beneath the retina, causing slow vision changes. Symptoms include blurred central vision, difficulty reading, decreased colour contrast, and trouble recognizing faces.

2. Wet AMD

- Abnormal blood vessels leak beneath the retina, leading to rapid vision loss. Symptoms include distorted vision, dark central spots, and sudden changes in central vision.

Risk Factors:



Treatments Include:

- Regular Eye Exams: Essential for early detection and monitoring.
- AREDS2 Vitamins: May help slow progression in certain cases of dry AMD.
- Anti-VEGF Injections: Treat wet AMD by reducing abnormal blood vessel growth and leakage.
- Laser Therapy: May be recommended for some cases of wet AMD.
- Healthy Lifestyle: Don't smoke, wear UV-protective sunglasses, manage blood pressure, and eat a nutrient-rich diet to support retinal health.

Testing may include retinal imaging, OCT scanning, a dilated retinal examination, Amsler grid testing, and visual acuity testing.

At Inspire Vision Development Centre, we use advanced technology to detect and monitor macular degeneration. Contact our **Orangeville** or **Brampton** clinic to book your comprehensive eye exam and retinal screening.

Contact Us:

Brampton:

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