

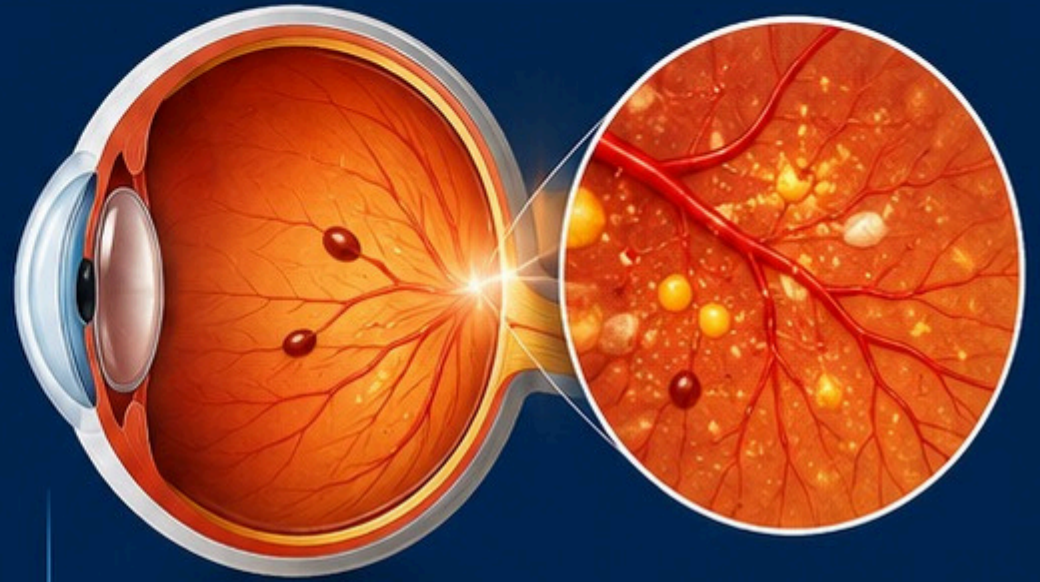


DIABETIC RETINOPATHY

Diabetic Retinopathy is a diabetes-related eye disease that damages the blood vessels in the retina, the part of the eye responsible for vision. High blood sugar levels can cause these blood vessels to leak, swell, or close off over time.



It is a leading cause of vision loss in adults, but early detection and treatment can help prevent permanent damage.



Diabetic Retinopathy may also lead to **Diabetic Macular Edema (DME)**, which occurs when fluid builds up in the macula and affects central vision.

SYMPTOMS MAY INCLUDE:



Blurred or fluctuating vision



Distorted central vision



Dark spots or floaters



Reduced colour vision



Difficulty reading



Dark or empty areas in vision

RISK FACTORS:



Diabetes (Type 1 or Type 2)



Poor blood sugar control



High blood pressure



High cholesterol



Smoking



Long duration of diabetes



Pregnancy in diabetic patients



People with diabetes should have **regular dilated retinal examinations**, even if their vision seems normal.

TREATMENTS INCLUDE:



Blood Sugar and Blood Pressure Control



Anti-VEGF Injections



Laser Treatments



Vitrectomy Surgery

TESTING MAY INCLUDE:



Dilated retinal examination



Retinal imaging



Optical Coherence Tomography (OCT) scan



Retinal photography



Visual acuity testing



Fluorescein angiography (when necessary)



At our clinic, we perform **comprehensive diabetic eye examinations** using advanced retinal imaging technology to monitor retinal health and help **protect long-term vision**.



Call our clinic to schedule your diabetic eye examination and take the first step in protecting your vision.

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